



Music is catharsis. It heals us. We listen to it, and we feel—nostalgia, happiness, curiosity. What better way is there to impact the world with your artistic vision than to use that healing power to help another person? Our program will sharpen your musical abilities as well as give you hands-on training to help you harness your talent into something that promotes wellness, alleviates pain, manages stress and handicaps, and aids development in others. The world needs people like you, and Loyola is dedicated to giving you the training you need to make an impact.

This is the place.

There's nowhere better to study music therapy than New Orleans. Music is at every corner of our city—literally; just walk down the street to hear some of the most powerful music in the world. And we know a thing or two about healing. In the last decade, we've rebuilt our infrastructure and culture to be stronger than ever, and our musicians were always there as a reminder—this is home.

Founded in 1957, Loyola's music therapy degree was one of the first. Our program—an endorsed education program of the American Music Therapy Association Inc.—will prepare you to work with children, older adults, the developmentally disabled, people on the autistic spectrum, those with psychiatric issues, and those in need of physical rehabilitation. In addition to learning theory, you'll complete a six-month internship as a therapist-in-training, exposing you to several types of patients and preparing you for the career of your choice.

Courses

In addition to your music therapy concentration, you'll complete coursework in music theory, ensemble, and history to develop a well-rounded understanding of your craft. Here's a sample of what you can expect to do and learn:

Introduction and Definition

This course is designed to give students a basic understanding of music therapy, the history of music therapy, education and training requirements of music therapists, and music therapy methods with various clinical populations. This course will also introduce students to the music therapy assessment, treatment, and evaluation process including writing appropriate goals and objectives. Finally, a brief overview of approaches to research and corresponding resources will be provided.

Physical Disabilities

Students receive an overview of music therapy theory, research, and clinical practice techniques. This course also has a strong experiential component in which students exercise concepts and techniques learned in class. Students practice client and therapist interactions and hold clinical sessions with children and adults who have various medical conditions.

Music Therapy Field Work Seminar

This course is designed to give students the opportunity to observe, participate in, co-lead, or lead music therapy sessions and to develop skills within the music therapy treatment process including assessment, treatment implementation, evaluation, and documentation, as directed by the on-site supervisor. This course will also provide students the opportunity to learn and develop ethical thinking skills.